



**THE GREEN  
SCHOOL**  
SAGAPONACK



## Summer 2019 Lunch Menu:

Lunch is provided for Green School, Art Farm & FULL DAY Riders campers.

Our belief is that food is medicine. We aim to serve nutritious, kid-friendly options.

### Weekly Lunch Menu:

**Monday:** Hormone & antibiotic free chicken fingers with sweet potato chips

**Tuesday:** Organic pasta with grass fed butter & organic green beans

**Wednesday:** Spinach & cheese quesadilla with gluten free, non-gmo corn chips & guacamole

**Thursday:** Organic, uncured turkey hotdogs served on a potato bun with organic grapes & corn on the cob

**Friday:** Organic Margherita pizza

*\*If your child is a picky eater or has dietary restrictions, you are welcome to send lunch in an insulated lunch bag. We offer this convenience to help make camp a little easier.\**

***If packing lunch, we do not allow peanut butter or nuts of any kind due to allergies.***